

T-Manage

A Time Management App Based on the Well-known
“The Pomodoro Technique”

电类工程导论小组6

组长：王欣宇

组员：方逸航， 龙泉羽， 张昊

Intelligence

The Pomodoro Technique

By 龙泉羽



What's Pomodoro?



Manage
Your Time



Suppress
Interference



Enhance
Your Efficiency



The Pomodoro Technique isn't just about helping you get things done today
It's about learning how you work so you can save time in the future.

■ ■ Why choose Pomodoro?

**WORK WITH TIME
-NOT AGAINST IT**

For many people, time is an **enemy**. We race against the clock to finish assignments and meet deadlines.

The Pomodoro Technique teaches you to **work with time**, instead of struggling against it.

■ ■ Why choose Pomodoro?

**ELIMINATE
BURNOUT**

Essential to the Pomodoro Technique is the notion that taking short, scheduled **breaks** while working eliminates the “running on fumes” feeling you get when you’ve pushed yourself too hard.

■ ■ Why choose Pomodoro?

M A N A G E
D I S T R A C T I O N

Many **distracting** thoughts and events come up when you're at work. Like a call, a WeChat message. The Pomodoro Technique will help you learn how to handle the inevitable interruption while staying **focused** on the task at hand.

■ ■ Why choose Pomodoro?

CREATE A WORK-
LIFE BALANCE

Most of us are intimately acquainted with the guilt that comes from procrastinating. If we haven't had a **productive** day, it's pretty easy to end up feeling like we can't enjoy our free time. Becoming a Pomodoro Master allows you to truly **enjoy** your time off.



■ ■ How to Apply Promodoro?

User Interface₁

MainActivity and Evaluation Activity

By 王欣宇

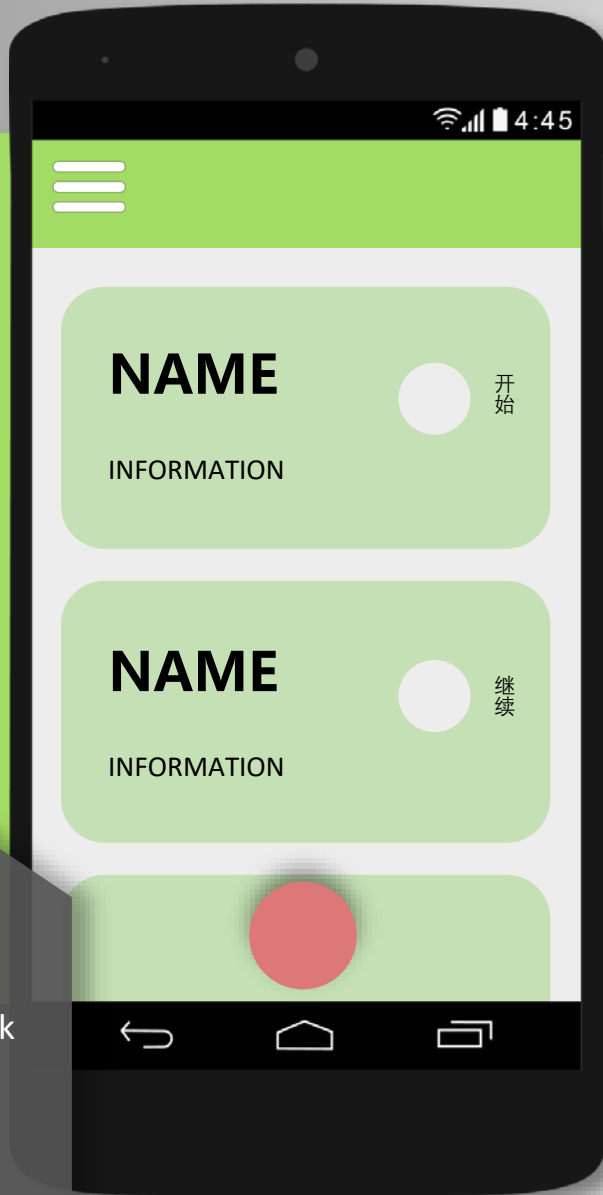
■ ■ How to Apply Promodoro?

Divide Work
Into
Projects



--Apply the Promodoro Technique in the procedure of every projects

MainActivity



Network Settings
Estimate
Balance

Help
Quit

Drawer Navigator:

- Disable the network
- Evaluation
- Balance
- Help

Switch to the MainActivity

Start Working

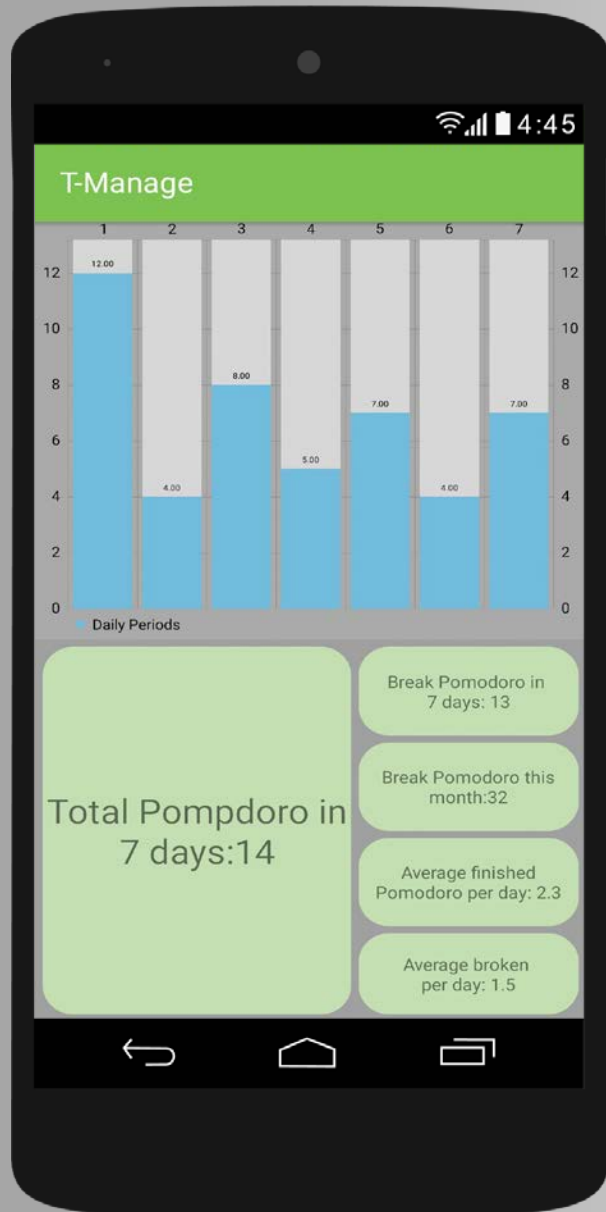
Manage your projects

Project List

Switch to the AddProjectActivity

Add a new project

Evaluation Activity

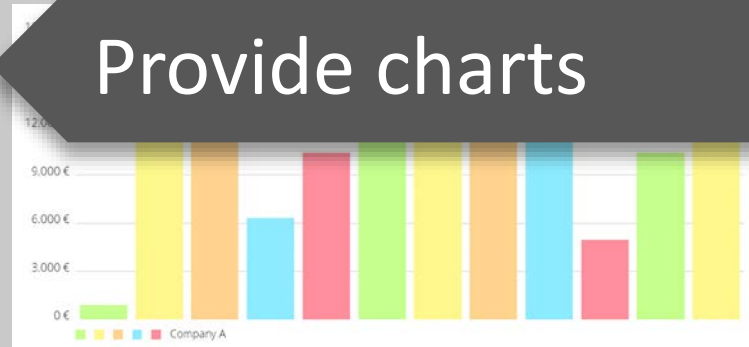


<https://github.com/PhilJay/MPAndroidChart>

MPAndroidChart

created by Philipp Jahoda

Provide charts



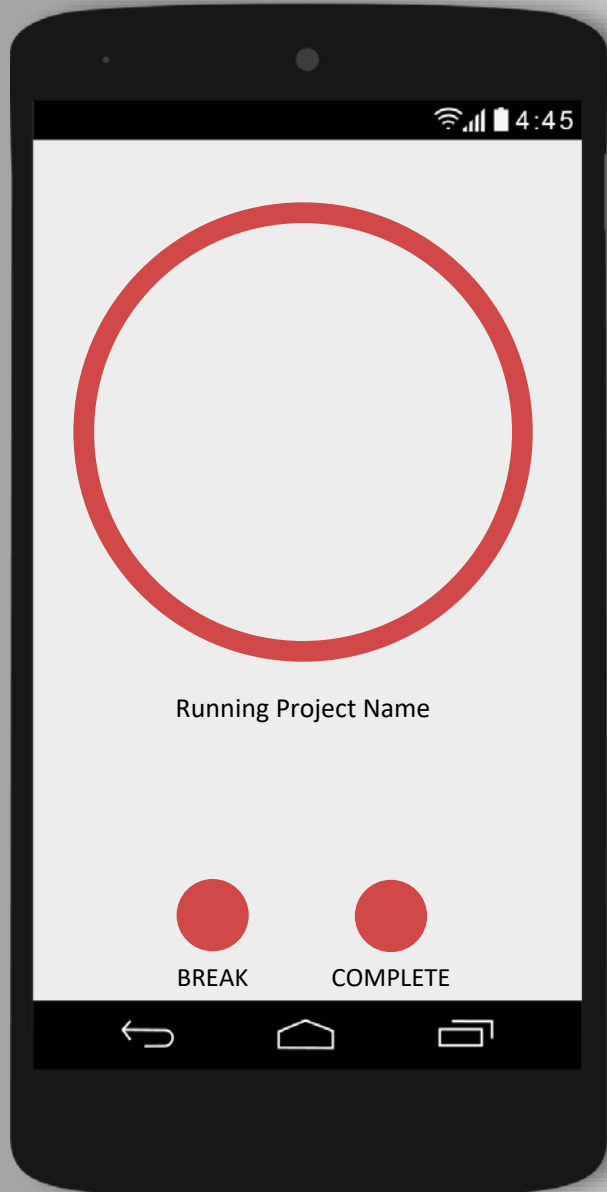
Provide data

User Interface₂

Working Activity and Help Activity

By 张昊

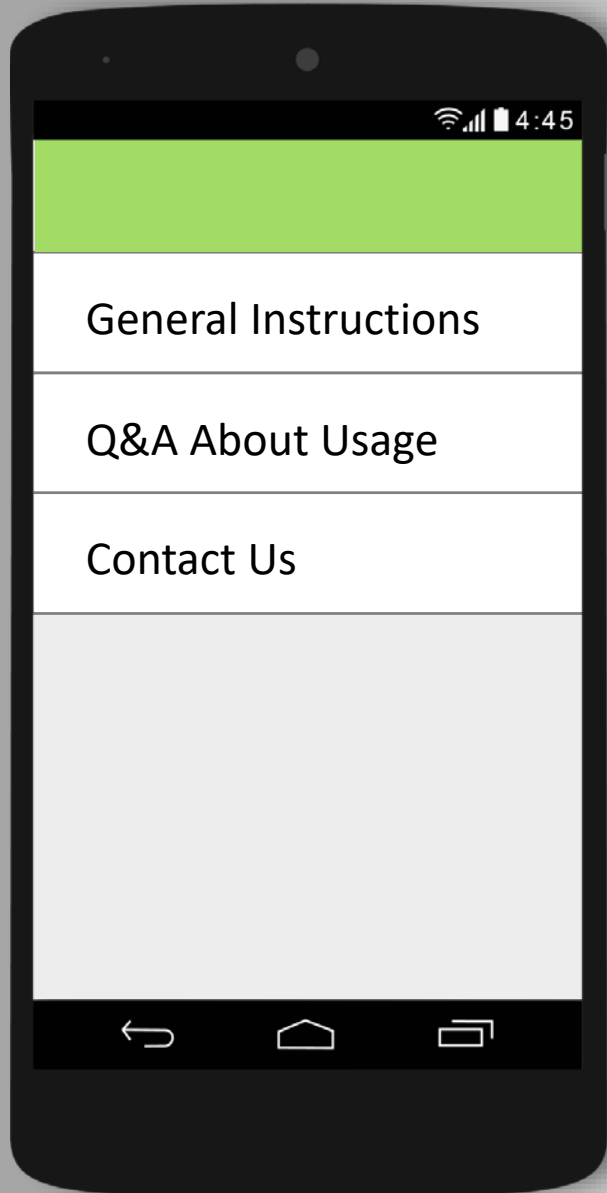
Working Activity



Show Progress

Arrange Your Task

Help Activity



Get Instructions

Programming

Major Designed Classes

By 方逸航



```
public class  
ProjectData
```

OVERALL

- The most important class
- Directly related to “The Pomodoro Technique”

ATTRIBUTES

- Overall status of all tomato objects
- Attributes of one object

METHODS

- Necessary Functions relevant to the use of the class, such as summing up the tomato objects created



```
public class  
AddProjectActivity
```

OVERALL

- Create a new project
- Change the attributes of the project to be created

ATTRIBUTES

- Different kinds of data collected
(The same as in class ProjectData)

METHODS

- Creating
- Cancel Creating
- Call more options



Other Classes



```
public class  
SysApplication
```



```
public class MyAdapter
```




Other Classes



```
public class  
AddActivity
```



```
public class  
EditActiity
```


Thank You

“T-Manage” Time Management App Report
By Team 6